

Sabrina B. Little

Department of Leadership & American Studies
Christopher Newport University
Newport News, VA 23602

973-670-7241
sblittle6@gmail.com
<https://sabrinalittle.com>

EDUCATION Ph.D., Philosophy, Baylor University (2020)

Dissertation: “Aretaic Exemplars: A Mixed-Methods Approach to Character Education”

Committee: C. Stephen Evans (Director), Michael Beaty, John Haldane, Anne-Marie Schultz, Phillip Donnelly (Great Texts, Baylor), Christian Miller (Wake Forest University)

MA, Philosophy of Religion, Yale Divinity School (2012)

BA, Philosophy, Psychology, The College of William and Mary (2009)

AOS Ethics, Philosophy of Education, Moral Psychology

AOC History of Philosophy, Philosophy of Religion, Logic

EMPLOYMENT Christopher Newport University (2022-current)

Assistant Professor

Department of Leadership & American Studies

Morehead State University (2020-2022)

Full-time Instructor

Baylor University (2015-2020)

Teacher of Record

Research Assistant and Teaching Assistant

Live Oak Classical School (2012-2018)

Teacher and Coach

Baylor Institute for Studies of Religion (2013-2014)

Research Assistant for Byron Johnson

The Trinity Forum (2009-2012)

Graduate Fellow, Research Assistant, Grant Writer

Yale Divinity School (2011-2012)

Assistant to the Dean of Ministerial Studies

The College of William and Mary (2008)

Teaching Assistant

PUBLICATIONS

Books

1. *The Examined Run*, Oxford University Press. Forthcoming 2023.

Peer-Reviewed Journal Articles

5. Variations in Virtue Phenomenology. (2022) *Journal of Value Inquiry*. Forthcoming.
4. Virtue Developmental Considerations of Mindfulness. (2022) *Journal of Moral Education*. Forthcoming.
3. The Graded Engagement Account of Admiration (2021) *Theory and Research in Education*. 19(1): 3-18.
2. Talking about Good Deeds: Elaborative Discourse and Character Education (2021) *Journal of Value Inquiry*. 55: 725-743.
1. The Trivium: Revisiting Ancient Strategies for Character Formation (2021) *Journal of Character Education* 17(1): 113-124.

Additional Journal Articles and Publications

3. Virtue Ethics and Leadership. Chapter in *Ethical Leadership*. Co-authored with Molly Waters, Edited by Robert McManus. Forthcoming.
2. “The Beautiful Sophist: Comments on Larkin” *Southwest Philosophy Review*. Forthcoming. 10 October 2021.
1. S. Little and Father C. Vasek. “[Awe and Admiration](#).” *Prime Matters*. 23 September 2021.

Book Reviews

6. *The Virtues of Limits*, by David McPherson. Published in the *Journal of Moral Philosophy*. September 2022. Forthcoming.
5. *The Excellent Mind*, by Nathan King. Published in *Faith and Philosophy*. Fall 2022. Forthcoming.
4. *Religion after Science: The Cultural Consequences of Religious Immaturity*, by JL Schellenberg. Published in the *International Journal for Philosophy of Religion*. September 2020.
3. *Plato's Moral Psychology*, by Rachana Kamtekar. Published in the *Journal of Moral Philosophy*. June 2020.
2. *Developing the Virtues: Integrating Perspectives*, Edited by J. Annas, D. Narvaez, and N.E. Snow. Published in the *Journal of Moral Philosophy*. May 2019.
1. *The Character Gap*, by Christian Miller. Published in *The Journal of Character Education*. December 2018.

Editorial Work

3. *Science, Faith & Truth*, 2009-2011
Co-author, researcher, and grant-writer for a Templeton-funded curriculum at The Trinity Forum
2. *Glossolalia*, 2011-2012
Co-Editor, Yale Divinity School Peer-Review Journal
1. *Provocations Journal*, 2010-2012
Editor and contributing writer for The Trinity Forum

Popular Writing

5. "The Examined Run" is my monthly public philosophy column on iRunFar.com. I write about character development in the context of sports, 2018-present.
4. "Running and Nutrition," *Women's Running Magazine*, forthcoming.
3. "On Parakeets and Human Nature," *Curator Magazine*, 2014.
2. "Don't Tread on Me, Neuroscience," *Curator Magazine*, 2013
1. "Descartes' Poisoned Gift," *Comment Magazine*, 2012.

HONORS AND AWARDS

Academic

2. National Political Science Association – Lanahan Best Graduate Student Paper and MacWilliams Best Graduate Student Paper in Political Theory nominations (2017)
1. Texas House of Representatives Resolution No. 2781 – Excellence in Teaching and Athletics (2014)

Athletic

7. Top American performances in 100K and 50-mile for American women (9th best in American history) (2019)
6. Trail World Championships Team Bronze (2018)
5. Five-Time Team USA athlete (five selections per country)
4. Five-Time USA National Champion
3. Two American Records – 24-Hour Run and 200-Kilometer Run (2013)
The 24-hour run was the 4th best performance in world history when I set it.
2. USA Track and Field Ruth Anderson Ultrarunner of the Year (2013)
1. Individual World Silver Medalist, USA Team Gold – World Championships (2013)

FELLOWSHIPS AND GRANTS

3. Emerging Education Policy Scholar – Fordham Institute (2022).
2. John Templeton Foundation, SCP Science Cross-Training Grant (\$36,000) (2019-2020)
1. The National Fellows Initiative (2009-2010)

INVITED PRESENTATIONS

8. "Practical Wisdom and Synderesis in Thomas." Summit Classical Christian School. Newport News, Virginia. October 2022.
7. "Character and Distance Running." Wabash College. October 2022.
6. "You Can't Teach That: Censorship in the Classroom." Morehead State University. Morehead, Kentucky, February 2022.
5. "The Trivium: Revisiting Ancient Strategies for Character Formation." Oxford Character Project seminar.

- Oxford, England. Virtual, October 2021.
4. "Training Virtue," presented at Greatness Through Virtue Summer Institute, University of Mary, Bismarck, North Dakota, June 2021.
 3. "Running and Virtue." Run Your Best You running camp invited speaker. Jackson, Mississippi, June 2021.
 2. "Athletic Training and Virtues." God and the Great Outdoors Conference. Denver Institute for Faith & Works. Denver, Colorado, July 2018.
 1. "Education as Vocation," presented at The Fellows Initiative National Conference, Washington, D.C., May 2014.

PAPER PRESENTATIONS

26. "A Case for Shame in Character Education." College of Social Sciences Research Workshop. Christopher Newport University. Newport News, VA. November 2022.
25. "Practical Wisdom and Wisdom in Leadership." International Leadership Association. Washington, DC. October 2022.
24. "Variations in Virtue Phenomenology." Kentucky Philosophical Society. Morehead, Kentucky. April 2022.
23. "Aretaic Considerations of Humor." Northern Political Science Association Annual Conference. Boston, Massachusetts. November 2021.
22. "Socrates and the Noble Art of Sophistry: Commentary on Daniel Larkin." Southwestern Philosophical Society. Nashville, Tennessee. Virtual. October 2021.
21. "Presence and Absence Virtues." Society for Christian Philosophers. Baylor University. October 2021.
20. "Developmental Considerations of Mindfulness." Baptist Association of Philosophy Teachers Annual Conference. Zoom Presentation. April 2021.
19. "A Preliminary Account of Educating Humor." 1 of 5 Accepted Papers. Society for Christian Philosophers. Zoom Presentation. March 2021.
18. "The Role of Elaborative Discourse in Regulating Children's Emotion." Morehead State Celebration of Student Scholarship. Morehead State University. Morehead, April 2020. Canceled due to COVID-19.
17. "Two New Arguments for Virtue Articulation." Kentucky Philosophical Association annual meeting. Morehead State University. Morehead, April 2020. Canceled due to COVID-19.
16. "A Vision for the Good Life: Caregivers and Virtue Concepts." Virtues and the Flourishing Life conference. The Jubilee Center. Oriel College, Oxford, January 2020.
15. "Habituated Reason: Early Moral Formation in Aristotle." Northern Political Science Association annual conference. Philadelphia, November 2019.
14. "Training the Virtues: Emotional Precursors in Moral Education." Baylor Institute for Faith and Learning annual conference. Baylor University, October 2019.
13. "Aretaic Exemplars: Methods and Sequences." Kentucky Philosophy Association annual meeting. Transylvania University. Lexington, March 2019.
12. "The Trivium: Revisiting Ancient Strategies for Character Formation." Virtues in the Public Sphere conference. The Jubilee Center. Oriel College, Oxford, January 2019.
11. "An Aristotelian Provocation against Developmental Accounts of Virtue." Northern Political Science Association annual conference. Montreal, November 2018.
10. "Feeling *Good*: Moral Emotions in Non-Human Animals." Baylor Institute for Faith and Learning annual conference. Baylor University, October 2018.
9. "Aristotle's Ought: A Response to Anscombe," presented at the "God, Virtues, and Moral Absolutes: Anscombe's 'Modern Moral Philosophy' at 60" seminar at Notre Dame, South Bend, Indiana, January 2018.
8. "An Aristotelian Rejoinder to Cognitive Science," presented at the Northern Political Science Association national conference, Philadelphia, Pennsylvania, November 2017.
7. "An Analytic Response to 'Bibliolatry.'" The Bible and The Reformation Conference. Baylor Institute for Faith and Learning, Waco, Texas, October 2017.
6. "Kenotic Christology and the Temptations of Christ," presented at the Pacific Society for Christian Philosophers, La Mirada, California, March 2017.
5. "Aristotle's Ought," presented at the Northern Political Science Association national conference, Boston, Massachusetts, November 2016.
4. "Sin Blindness and Reconciliation," presented at the Midwest Society for Christian Philosophers, Springfield, Missouri, September 2016.
3. "Moral Perceptions and the Method of Phenomenal Contrast," presented at Georgia State University Ethics Conference, Atlanta, Georgia, January 2016.

2. "Transcendence in the Athletic Arena," presented at The Spirit of Sports Conference, Baylor University, November 2015.
1. "Conflict and Conversation: Modern Science in Classical Education," presented at the Society for Classical Learning National Conference, Austin, Texas, July 2014.

WORKSHOPS AND SEMINARS

6. SCP Cross-Training Paper Workshop. Calvin University. Grand Rapids, June 30, 2022.
5. Emerging Education Policy Scholars. Summer Seminar. Washington, D.C., May 2022.
4. Emerging Education Policy Scholars. Winter Seminar. Online (COVID-19), February 2022.
3. America in the Republican Tradition. Jack Miller Center Summer Institute. Philadelphia, June 26-July 3, 2019.
2. The Beacon Project Summer Seminar. "Character and the Morally Exceptional: Empirical Discoveries and Moral Improvement." Led by Christian Miller. Wake Forest University, June 2018.
1. 2018 Baptist Association of Philosophy Teachers Summer Seminar: "Philosophical Engagements with Liturgy." Moreau Seminary Campus of the University of Notre Dame. Led by Terence Cuneo. South Bend, IN. May 21-25, 2018.

COURSES TAUGHT

College Courses

Christopher Newport University: Ethics, Values, and Leadership 442 (2022), Self, Group, and Leadership (2022)
Morehead State University: Introductory Ethics (2020, 2021), Education in its Philosophical Context (graduate-level, 2021), Environmental Ethics (2021), Advanced Ethics (2021), Foundations of Education (2020, 2021, 2022), Upper-level Epistemology (2020), Beginning Logic (2018, 2020), Global Citizenship (2018)
Baylor University: Beginning Logic (2017); Teaching Assistantships: Philosophy of Friendship Capstone (Dean Thomas Hibbs) Beginning Ethics (Dr. Michael Beaty), Classical Philosophy (Dr. Thomas Ward), Seven Deadly Sins (Dr. Robert Kruschwitz)

Classical School

Logic II Medieval History (2012-2015), Logic II Literature and Composition (2012-2015), Senior Philosophy Capstone (2013-2015), Conceptual Physics (2012-2013), Anatomy and Physiology (2013-2014), Environmental Science (2014-2015)

PROFESSIONAL DEVELOPMENT

5. Center for Excellence in Teaching – teaching a writing intensive course workshop. Christopher Newport University. August 2022.
4. Center for Excellence in Teaching summer teaching strategies workshop. Christopher Newport University. August 2022.
3. Online and Hybrid Training Course. Morehead State University. July 2020.
2. Teaching Philosophy Seminar, Baylor University, Spring 2018.
 This was a semester-long course on pedagogical techniques and practices in philosophy courses.
1. Teaching in the Classical Tradition: Continuing education coursework at Live Oak Classical School.
 On average, we attended one or two lectures or workshops per month on classical pedagogy. (2012-2015)

SERVICE TO THE PROFESSION

6. Conference Planning Committee and Volunteer Co-organizer. Followership Conference. Christopher Newport University. 2023.
5. Society for Christian Philosophy. Nomination Committee. 2022.
4. Chair and Paper Commentator: Ancient and Medieval Political Theory Panel. Northern Political Science Association annual conference. Virtual due to COVID-10, November 2021.
3. Journal Referee: *Canadian Journal of Philosophy*, *Journal of Philosophical Psychology*, *APA Newsletter on Feminism and Philosophy*, *Frontiers in Education*, *Ethical Theory and Moral Practice*, *Classical Quarterly*, etc.
2. Chair and Paper Commentator: Medieval Political Theory Panel. Northern Political Science Association annual conference. Philadelphia, Pennsylvania, November 2019.
1. Paper Commentator: "Concealment and Compulsion in Plato's *Protagoras*." Ancient Philosophy Society annual conference, Waco, Texas, April 2017.

MEDIA

Magazines and Newspapers

8. *New York Times*, "[A Challenge Race Shakes up the Running Routine](#)" (2018)
7. Cover story for *Running Times*, an article entitled "[Presence of Mind](#)" (2013)
6. [Cover](#) of *Ultrarunning Magazine* (2016)
5. "Balancing Philosophy Homework with World Championships" - *Just the Bear Facts* [article](#) (2016)
4. *Waco Tribune*, "[Live Oak Teacher Waco's Ultimate Distance Runner](#)" (2013)
3. *New York Times*, "[A Race without a Finish Line](#)" (2013)
2. *Yale Daily News* [article](#) (2011)
1. *Endurance Buzz* [interview](#) (2013)

Podcasts

22. "Sabrina Little: Philosopher and Professional Runner" – *Denver Faith & Work* (2022)
21. "Sabrina Little: 20 Questions" – *The Pain Cave Podcast* (2022)
20. "Sabrina Little" – *Women of Distance* (2022)
19. "Navigating the Changing Landscape in Trail Running" – *FreeTrail* (2022)
18. "Spirituality and Ultra" – *Trails Collective* (2022)
17. "Sabrina Little: Philosopher and Professional Runner" – *My First Ultra Podcast* (2022)
16. "Sabrina Little on Running, Teaching Philosophy, and Writing about Both" – *Off the Couch Podcast* (2022)
15. "Sabrina Little and the Virtue of Accountability" – *Run to the Top Podcast* (2021)
14. "Sabrina Little: 5-Time National Champion" – *Lindsey Hein: I'll Have Another Podcast* (2021)
13. "Fail-ing Forward" – *The Rambling Runner Podcast* (2021)
12. "Sabrina Little" – *The Morning Shakeout Podcast* (2021)
11. "Sabrina Little and Sara Mahoney" – *Running for Real Podcast* (2021)
10. "Sabrina Little – Philosophy Professor and Pro Runner" – *The Rambling Runner Podcast* (2021)
9. "Sabrina Little – Intersections of Philosophy, Running, and New Motherhood" – *Run Hard Mom Hard* (2020)
8. "Sabrina Little – Exploring the Why" – *For the Long Run Podcast* (2020)
7. "Sabrina Little on Admiration and Moral Exemplars" – *The Ultimist Podcast* (2019)
6. "Character Education and Running – The Sabrina Little Interview" – *Bid Me Run Podcast* (2019)
5. "Sabrina Little – Elite Runner and Ethicist" – *Marathon Investigation Podcast* (2019)
4. "Sabrina Little" – *Tortoise and the Hare Podcast* (2019)
3. "Making Excellence a Habit with Sabrina Little" – *Pieces of Grit Podcast* (2018)
2. "Overcoming Injuries and Learning Lessons" – *Ultrarunner Podcast* (2016)
1. "Sabrina Moran, Ultrarunner" – *Ultrarunner Podcast* (2012)

Videos

9. The Trails Collective – Spirituality in Ultra – [video](#)
8. FreeTrail – Navigating the Changing Landscape in Trail Running - [video](#)
7. Sabrina Little on Character and Running – [video interview](#)
6. Running Camp Interview – [Character and Training](#)
5. HOKA ONE ONE Athlete [Interview](#)
4. Humans of HOKA [commercial](#)
3. The Fellows Initiative National Conference Talk – "[Running and Education as Vocation](#)" (2014)
3. Pre-Lake Sonoma 50-Mile iRunFar Media [Interview](#) (2017)
2. Post-Carbon X 100K [Interview](#) (2019)
1. I am featured in a documentary entitled [Just One Step](#) (2018)

REFERENCES

C. Stephen Evans

University Professor of Philosophy and Humanities
Baylor University
c_stephen_Evans@baylor.edu

Michael Beaty

Professor of Philosophy
Baylor University
Michael_Beaty@baylor.edu

Anne-Marie Schultz

Professor of Philosophy
Baylor University
Anne_Marie_Schultz@baylor.edu

John Haldane

Emeritus Professor of Philosophy
University of St. Andrews
jjh1@st-andrews.ac.uk

Christian Miller

A. C. Reid Professor of Philosophy

Wake Forest University

millerc@wfu.edu