

# Dr Ramesh Singh Pal, *PhD*

*Scientist, Writer, Spiritual Motivator*



Personal details	
Born	02 August 1981 Uttar Pradesh, India
Nationality	Indian
Mother	Rajwati Devi
Father	Karan Singh Pal
Residence	Almora, Uttarakhand
Education	G. B. Pant University of Agriculture and Technology, Pantnagar
Alma mater	ICAR-Vivekananda institute for Hill agriculture, Almora
Occupation	Scientist (2010-present)
Known for	Writer & Spiritual Motivation
E-mail	<a href="mailto:ramesh.pal@icar.gov.in">ramesh.pal@icar.gov.in</a>
Website	<a href="https://apanaswaroop.com">https://apanaswaroop.com</a>
Wikipedia	<a href="https://hi.wikipedia.org/wiki/डॉ_रमेश_सिंह_पाल">https://hi.wikipedia.org/wiki/डॉ_रमेश_सिंह_पाल</a>
Other wiki links	<a href="https://wikitia.com/wiki/Ramesh_Singh_Pal">https://wikitia.com/wiki/Ramesh_Singh_Pal</a> <a href="https://en.gyaanipedia.com/wiki/Dr_Ramesh_Singh_Pal">https://en.gyaanipedia.com/wiki/Dr_Ramesh_Singh_Pal</a>
Google scholar	<a href="https://scholar.google.com/citations?user=SlRycHcAAAAJ&amp;hl=hi&amp;oi=ao">https://scholar.google.com/citations?user=SlRycHcAAAAJ&amp;hl=hi&amp;oi=ao</a>

## **EARLY LIFE**

He was born on 2 August 2081 in Bijnor, Uttar Pradesh, India. His father was a Policeman and mother a home wife. His childhood was spent mostly in a village of Uttar Pradesh. He was a brilliant student, consistently topped his class and received the highest commendations and prizes possible to a student. At the age of ten, he went to Tehri Garhwal due to his father's

transferable job. He nevertheless continued to do well academically and gained admission to the prestigious G. B. Pant University of agriculture and technology, Pantnagar and got Doctorate in philosophy focused in Plant Biochemistry and Molecular Biology. He qualified the all India Agriculture Research Services (ARS), in 2010. In addition, over the last 11 years he is working as a scientist for ICAR-Vivekananda Institute of Hill Agriculture, Almora (Uttarakhand).

## **BOOKS**

Dr Ramesh Singh Pal is a well known writer for Spirituality. He is the author of the books “**Apana Swaroop**” (Hindi) in the year 2018. This book was based on spiritual motivation and the facts regarding the real spiritual sadhana, “**Apana Swaroop: nobody is ever happy, somebody is never happy**” (Kindle Edition). His book entitled “**Spiritual Wisdom: Guaranteed Prescription of Success & Happiness** (English)” was released in year 2020. This book is about the teaching of Hindu Scriptures to deal with the problems of the day-to-day life. All his books are also published on Amazon, Flipkart, Kobo and Kindle. One of the leading FM Channel “**KUKUFM**” converted book Apana Swaroop as “**Audio Book**” and until now this audio book got more than 80,000 Listens.

## **SPIRITUAL MOTIVATION AND SOCIAL WELFARE**

Ramesh Singh Pal remains engaged sharing himself in the form of free of cost discussion sessions, self-awareness talks, and one-to-one meetings with the many seekers and students who visit him and also in school, college and universities. His book “**Spiritual Wisdom**” is specially designed for the youth and students for the motivation. Until now more than 100 copies of this book has been distributed in various school and college libraries. Many videos, audios and

articles uploaded by him on the Internet are precious guiding resources for the youth, freely available to all those who seek them. Personally, he is ever open to meeting sincere seekers/students. Through his direct contact with people, and through various internet-based channels, he continues to bring clarity, peace, and love to all.

## References

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