**Heather L. Reid** | Professor of Philosophy, Morningside College

Scholar in Residence, Exedra Mediterranean Center

Director of the Fonte Aretusa Organization

Principal Editor, Parnassos Press

reid@morningside.edu fontearetusa1@gmail.com

**Education** BA 1986 University of Virginia

MA 1994 University of Massachusetts, Amherst Ph.D. 1996 University of Massachusetts, Amherst

**Research** History and Philosophy of Sport and the Olympic Games

**Specialties** | Ancient Greek and Roman Philosophy

Ethics and Moral Education

& Honors

Awards | Harvard Center for Hellenic Studies

Fellow in Ancient Athletics 2019-2020

Fellow in Hellenic Studies 2018-2019

Fulbright Scholar, Università degli Studi di Napoli Federico II, 2018-2019

Warren P. Fraleigh Distinguished Scholar Award

International Association for the Philosophy of Sport, 2016-2017

October 2020

The Rome Prize NEH Andrew Mellon Foundation Postdoctoral Fellowship

American Academy in Rome, 2014-2015

Distinguished Service Award to the Field of Sport Philosophy International Association for the Philosophy of Sport, 2009

Sharon Walker Faculty Excellence Award (external review; for teaching,

advising, scholarship, and service), 2004, 2009, 2013

Lucille and Charles Wert Faculty Excellence Award (peer nominated; for

teaching, civility, leadership), 2008

Morningside College-ODK "Faculty Person of the Year," 1999-2000

Scholarly International Centre for Olympic Studies, Canada, Board Member, 2020-

Offices Exedra Mediterranean Center, Scholar in Residence, 2018-2021

and Fonte Aretusa Organization, Director, 2014-present

**Activities** International Association for the Philosophy of Sport

President, 2005-2007;

Executive Board, 2000-2003 & 2007-2010;

International Olympic Academy, Greece

Supervising Professor, Master's Degree in Olympic Studies 2019 Supervising Professor, Postgraduate Seminar 2005, 2011, 2012

Lecturer at Session for NOAs and NOCs, 2014

IOA Harvard Center for Hellenic Studies International Scholars Symposium

Invited Professor, 2017

Invited Guest of the IOA, 2018, 2019

American Academy in Rome, Italy: Visiting Scholar, January 2005.

University of Rome "Foro Italico": Visiting Scholar, January-May 2010.

## **Books**

**Single Author** Olympic Philosophy: The Ideas and Ideals behind the Ancient and Modern Olympic Games. Parnassos Press, 2020.

> This collection of essays examines the philosophical heritage of the Olympic Games, the ethics implied by Olympic values of sport, the educational goals of sport, the relations between justice and fair play, the political ideals of peace and world community, and the modern challenge of multiculturalism as expressed in the philosophical contrasts between East and West.

### *Introduction to the Philosophy of Sport*

Lanham, MD: Rowman & Littlefield, 2012 (Chinese translation 2021) This is a comprehensive introduction to sport philosophy intended to serve textbook needs in the burgeoning field of undergraduate and graduate kinesiology/sport-studies as well as interested sports science scholars around the world (especially Asia and Eastern Europe). The text will also serve philosophy departments wishing to attract students to their subject through the popular topic of sport.

Athletics and Philosophy in the Ancient World: Contests of Virtue London and New York: Routledge/Taylor & Francis, 2011. Special Issue of the journal *Sport, Ethics and Philosophy* 4:2 (2010) This book examines the relationship between ancient philosophy and sport as they addressed emerging social questions about virtue, aristocracy, democracy, justice, and peace.

The Philosophical Athlete. Durham, NC: Carolina Academic Press, 2002, Second Revised Edition, 2019.

All athletes experience victory and defeat, but how many truly learn from the experience of sport? In ancient Greece, sport was an integral part of education. Today, athletics programs remain in our schools, but we face a growing gap between the modern sports experience and enduring educational values. This book seeks to bridge that gap by advocating a philosophical approach to the sports experience.

## **Books**

Co-Authored | Philostrato: Sull'Allenamento (co-authors Paolo Madella, Emanuele Isidori, and Alessandra Fazio). Viterbo: Sette Citta, 2015. A new Italian translation and commentary on Philostratus' essay on Greek athletics.

> Aretism: An Ancient Sports Philosophy for the Modern Sports World (coauthor M. Andrew Holowchak). Lanham, MD: Lexington Books, 2011. An ethical critique of modern sport based on the ideal of aretē.

> Filosofia dello Sport (co-author Emanuele Isidori) Milan: Bruno Mondadori, 2011. A general an introduction to the Philosophy of Sport in Italian.

- **Co-edited Books** | *Pindar in Sicily* (co-edited with Virginia Lewis and Masa Cumulovic). Sioux City, IA: Parnassos Press, forthcoming 2020.
  - Gymnastics, Athletics, and Agon in Plato (co-edited with Mark Ralkowski and Coleen P. Zoller). Sioux City, IA: Parnassos Press, 2020.
  - Conflict and Competition Agon in Western Greece (co-edited with John Seratti and Tim Sorg). Sioux City, IA: Parnassos Press, 2020.
  - Plato at Syracuse: Essays on Plato in Western Greece with a new translation of the Seventh Letter by Jonah Radding. (co-edited with Mark Ralkowski). Sioux City, IA: Parnassos Press, 2019.
  - Looking at Beauty: το Καλόν in Western Greece (co-edited with Tony Leyh). Sioux City, IA: Parnassos Press, 2019. Selected essays from the 4th Symposium on the Heritage of Western Greece.
  - The Many Faces of Mimēsis (co-edited with Jeremy DeLong). Sioux City, IA: Parnassos Press, 2018. This volume gathers essays not only on the philosophical debate about mimēsis, but also on its use in architecture, drama, poetry, history, music, ritual, and visual art.
  - Reflecting on Modern Sport in Ancient Olympia (co-edited with Eric Moore). Sioux City, IA: Parnassos Press, 2017. Proceedings of the 2016 Conference of the International Association for the Philosophy of Sport at the International Olympic Academy in Greece.
  - Politics and Performance in Western Greece (co-edited by Davide Tanasi, and Susi Kimbell) Sioux City, IA: Parnassos Press, 2017. This collection of essays from a variety of disciplinary perspectives offers a new outlook on the ancient cultural interactions of politics and performance in Western Greece.
  - Philosopher Kings and Tragic Heroes (co-edited with Davide Tanasi). Sioux City, IA: Parnassos Press, 2016. This book combines 23 essays on the Heritage and Western Greece (Sicily and Southern Italy) from a variety of disciplinary perspectives.
  - The Olympics and Philosophy (co-edited with Michael Austin) Lexington KY: University Press of Kentucky, 2012 This book explores the controversy, passion, and politics of the Olympics, revealing their rich philosophical underpinnings.

# & Journal

- **Book Chapters** "Aristotle on the Beauty of Fair Play," *Estetica: Studi e Ricerche*, 10:1 (2021): published online in preview, forthcoming in paper.
  - **Articles** "Wrestling with the Eleatics in Plato's *Parmenides*," co-authored with Lidia Palumbo, in Gymnastics, Athletics, and Agon in Plato, eds. H. Reid, M. Ralkowski, and C. Zoller (Sioux City: Parnassos Press, 2020),
    - "Plato on Women in Sport," Journal of the Philosophy of Sport 47:3 (Fall 2020).
    - "Heroic *Parthenoi* and the Virtues of Independence: A Feminine Philosophical Perspective on the Origins of Women's Sport," Sport, Ethics and Philosophy, 14:3 (Summer 2020).
    - "Athlete Agency and the Spirit of Olympic Sport," Journal of Olympic Studies 1:1 (Spring 2020): 22-36.
    - "The Athletic Aesthetic in Rome's Imperial Baths," Estetica: Studi e Ricerche, 9.2 (June 2020): 255-274.
    - "Athletic Virtue and Aesthetic Values in Aristotle's Ethics," Journal of the Philosophy of Sport 47:1, 2020, 63-74.
    - "Athletic Beauty as Mimēsis of Virtue: The Case of the Beautiful Boxer," Looking at Beauty: το καλόν in Western Greece, eds. H. Reid & Tony Leyh. Sioux City: Parnassos Press, 2019, 77-91.
    - "Responsibility, Inefficiency, and the Spirit of Sport," *American Journal of* Bioethics, 18:6, 2018, 22-23.
    - "Why Olympia matters for modern sport," Journal of the Philosophy of Sport Vol. 44.2, 2017, 159-173.
    - "Performing Virtue: Athletic *Mimēsis* in Platonic Education," *Politics and* Performance in Western Greece, eds. H. Reid, D. Tanasi, S. Kimbell. Sioux City: Parnassos Press, 2017, 265-277.
    - "Defining Olympic Sport," Defining Sport: Conceptions and Boundaries, ed. Shawn E. Klein. Lanham, MD: Lexington Books, 2017, 65-77.
    - "Sages, Heroes and the Battle for Cycling's Soul," Journal of Chinese Philosophy 43:1–2 (2016) 51–66.
    - "Athletes as heroes and role models: an ancient model," Sport, Ethics and Philosophy 11.1 (2016): 40-51.
    - "Philostratus' Gymnasticus: The Ethics of an Athletic Aesthetic," Memoirs of the American Academy in Rome, v. 61 (2016), 77-90.
    - "Plato the Gymnasiarch," ΦΙΛΕΛΛΗΝ: Essays for Stephen G. Miller, eds. D Katsonopoulou & E. Partida. Athens: Helike Society, 2016. 171-186.
    - "How have London 2012 and Sochi 2014 supported or changed the Olympic Movement?" The Olympic Idea Nowadays, eds. D. Chatziefstathiou, X. Ramon and A. Miragaya. Barcelona: Centre d'Estudis Olímpics i de l'Esport Universitat Autònoma, 2016. 121-124.
    - "Amateurism is Dead: Long Live Amateurism," The Olympic Idea Nowadays, eds. D. Chatziefstathiou, X. Ramon and A. Miragaya. Barcelona: Centre d'Estudis Olímpics i de l'Esport Universitat Autònoma, 2016. 61-63.

## & Journal Articles (continued)

- **Book Chapters** "Olympism: A Philosophy of Sport?" In Routledge Handbook of the Philosophy of Sport, eds. Mike McNamee and William J. Morgan. Abingdon: Routledge, 2015, 368-382.
  - "The Ecstasy of Aretē: Flow as Self-Transcendence in Ancient Athletics," Studies in Sport Humanities 15 (2014) 6-12.
  - "The Ethics of Efficiency: Performance-Enhancing Technologies and Olympic Fair Play," in J. Forsyth, C. O'Bonsawin, and M. Heine, eds. Intersections and Intersectionalities in Olympic and Paralympic Studies. London, ON: ICOS, 2015, 11-17.
  - "Sport, Education and the Meaning of Victory." Sport, Philosophy and Education: International Perspectives. Eds. E. Isidori, J. Lopez Frias, and A. Muller. Viterbo (Italy): Sette Citta, 2014. 33-42.
  - "Olympic Sacrifice: A Modern Look at an Ancient Tradition." *Philosophy:* Royal Institute of Philosophy Supplement 73 (2013) 1-13.
  - "Coaching for Virtue in Plato's Academy." The Ethics of Coaching Sports. Ed. Robert Simon. Boulder, CO: Westview Press, 2013, 27-40.
  - "Athletic Beauty in Classical Greece: A Philosophical View." Journal of the Philosophy of Sport, 39:1 (2012), 1-17.
  - "The Political Heritage of the Olympic Games." Olympic Ethics and Philosophy, eds. Mike McNamee and Jim Parry. London: Routledge, 2012, 6-20. Originally published in *Sport*, *Ethics and Philosophy*, Special Issue on the Olympic Games, 6:2 (2012), 108-120.
  - "Afterword: Olympic Philosophy between East and West." From Athens to Beijing: West meets East in the Olympic Games, Ed. S. Brownell, New York: Greekworks, 2011, 199-218.
  - "East to Olympia: Re-centering Olympic Philosophy between East and West," Olympika: The International Journal of Olympic Studies, 19:1 (2010), 59-79. Reprinted in V. Grignov, ed, Olympic Studies, 2014.
  - "Athletic Heroes," Sport, Ethics and Philosophy, 4:2 (2010), 125-135.
  - "Olympia: Running Towards Truth," Sport, Ethics and Philosophy, 4:2 (2010), 136-145.
  - "Boxing with Tyrants," Sport, Ethics and Philosophy, 4:2 (2010), 146-156.
  - "Wrestling with Socrates," Sport, Ethics and Philosophy, 4:2 (2010), 157-69.
  - "Plato's Gymnasium," Sport, Ethics and Philosophy, 4:2 (2010), 170-182.
  - "Aristotle's Pentathlete," Sport, Ethics and Philosophy, 4:2 (2010), 183-194.
  - "The Epicurean Spectator," Sport, Ethics and Philosophy, 4:2 (2010), 195-203.
  - "Seneca's Gladiators," Sport, Ethics and Philosophy, 4:2 (2010), 204-212.
  - "The Circus and the Cosmopolis," Sport, Ethics and Philosophy, 4: 2 (2010), 213-220.
  - "Leadership as Virtue in Ancient Philosophy." Political and Civic Leadership, Ed. R. Couto. Thousand Oaks: Sage, 2010, 49-55.
  - "Leadership and Sport." Political and Civic Leadership, Ed. R. Couto. Thousand Oaks: Sage, 2010, 1034-1039.
  - "The Ecstasy of Aretē: Flow as Self-Transcendence in Ancient Athletics," Studies in Sport Humanities 15 (2014) 6-12.

## & Journal **Articles** (continued)

- **Book Chapters** "Hercules' Dilemma: Is Strength Really a Virtue?" *Philosophical Reflections* on Physical Strength: Does a Strong Mind Need a Strong Body, ed. M. Holowchak & T. Todd. New York: Mellen Press, 2010. 146-160.
  - "My Life as a Two-Wheeled Philosopher." Cycling and Philosophy, eds. M. Austin and J. Ilundain. Malden, MA: Blackwell, 2010. 151-162.
  - "An American Philosopher at the Beijing Olympics." in Hardman and C. Jones, eds. Philosophy of Sport: International Perspectives. Newcastle upon Tyne: Cambridge Scholars, 2010. 218-226.
  - "Athletic Virtue: Between East and West." Sport Ethics and Philosophy 4:1 (2010), 16-26. Reprinted in M. McNamee, ed. The Ethics of Sports: A Reader. London and New York: Routledge, 2010. 340-347.
  - "Sport, Religion, and the Scientific Spirit in Ancient Olympia." Stadion: International Journal of the History of Sport, vol. 33 (2009). 211-220.
  - "Sport, Philosophy, and the Quest for Knowledge." Journal of the Philosophy of Sport 36:1 (2009). 40-49.
  - "Olympic Sport and Its Lessons for Peace." Olympic Truce: Sport as a Platform for Peace. Eds. K. Georgiadis & A. Syrigos. Athens: International Olympic Truce Center, 2009. 25-35. Originally published in Journal of the Philosophy of Sport 33:2 (2006), 205-13.
  - "The Socratic Agon: Turning Philonikia to Philosophia in Plato's Dialogues" Proceedings of the XXII World Congress of Philosophy (2008). DOI:10.5840/wcp22200821193
  - "Ancient Hellenic Ideals and the Modern Olympic Games." Co-authored with C.K. Evangeliou. The Olympic Studies Reader. Eds. H. Ren & L. DaCosta. Beijing: Beijing Sport University, 2008. 205-216
  - "East to Olympia: Recentering Olympic Philosophy between East and West" Pathways: Critiques and Discourses in Olympic Research. Eds. N. Crowther, R. Barney, M. Heine. London, Ontario: ICOS, 2008.
  - "Heroes of the Coliseum." Football and Philosophy. Ed. Mike Austin. Lexington, KY: University Press of Kentucky, 2008, 128-140.
  - "Olympic Epistemology: The Athletic Roots of Philosophical Reasoning." Skepsis XVII 1-2 (2007), 124-132.
  - "Sport as Moral Education in Plato's Republic." Journal of the Philosophy of Sport 34:2 (2007) 160-175.
  - "The Freedom of the Long Distance Runner." Running and Philosophy. Ed. Mike Austin. Malden, MA: Blackwell, 2007, 115-124.
  - "Athletic Competition as Socratic Philosophy." AUPO Gymnika 35:2 (2006), 73-77.
  - "Of Sport, Service, and Sacrifice: Rethinking the Religious Heritage of the Olympic Games." Cultural Imperialism in Action: Critiques in the Global Olympic Trust. Eds. N. Crowther, R. Barney, M. Heine. London, Ontario: ICOS, 2006. 32-40.
  - "Was the Roman Gladiator an Athlete?" Journal of the Philosophy of Sport 33:1 (2006): 37-49.
  - "The Art of Teaching Philosophy in Plato's Lysis" Skepsis XVI i-ii (2005): 278-287

## & Journal **Articles** (continued)

- **Book Chapters** "Eros vs. Ares" In *Cultural Relations Old and New: The Transitory Olympic* Ethos. Eds. K.B. Wamsley, S.G. Martyn, and R.K. Barney. London, Canada: International Centre for Olympic Studies, 2004. 231-9.
  - "Socrates' Mission: Philosophy as Piety." Conceptions of Philosophy Ancient and Modern. Ed. K. Boudouris. Ionia Publications, 2004. 312-324.
  - "Active Learning in the Socratic Tradition." In The Morningsider. Ed. Cathee Phillips. Sioux City, IA: Morningide College, 2005. 30-32.
  - "Socrates at the Ballpark." Baseball and Philosophy: Thinking Outside the Batter's Box. Ed. E. Bronson. La Salle, IL: Open Court, 2004. 273-83.
  - "Athletics as Medicine for the Health of the Soul." Skepsis XIII-XIV (2002-2003): 346-355.
  - "Plato." Encyclopedia of Leisure and Outdoor Recreation. Eds. John Jenkins and John Pigram. London: Routledge, 2002.
  - "Soul of an Olympian." The Global Nexus Engaged: Past, Present, Future Interdisciplinary Olympic Studies. London, Ontario: International Centre for Olympic Studies, 2002. 247-252.
  - "Platonic Education in the Early Socratic Dialogues." *Phronimon*, Journal of the South African Society for Greek Philosophy, v. 2 (1998): 413-29.

### Popular & Internet **Publications**

- "The Most Important Least Important Thing," *The Documentary*. BBC News World Service (Radio). Producer Steven Rajam. 26 July, 2020. https://www.bbc.co.uk/programmes/w3ct0wkh
- "What does Sport Have to do with Art (and Education)?," The Delphic Preview: Festival of the Muses (2020). https://chs.harvard.edu/CHS/ article/display/7080#museion
- "Heroic Mimēsis and the Ancient Greek Athletic Spirit," CHS Research Bulletin 7 (2019). http://nrs.harvard.edu/urn-3:hlnc.essay:ReidH. Heroic Mimesis and the Ancient Greek Athletic Spirit.2019
- "The Philosophers Return to Olympia," *International Olympic Academy* Journal 10, (October, 2016), 56-59.
- "The Training of the Olympian Soul" *The Other Journal* May 26, 2016. http://theotherjournal.com/2016/05/26/training-olympian-soul/
- "The Games of Zeus Eleutherios: Experiential Learning in the Ancient World." *Impact*, 2014. http://arcadiaabroad.uberflip.com/i/337139/2
- "The Philosophy of Olympic Victory," Ancient Olympics, Open University 2011, http://openlearn.open.ac.uk/course/view.php?id=4450
- "The Socratic Agon." XXII World Congress of Philosophy Proceedings http://www.pdcnet.org/wcp22/content/wcp22 2008 0002 0173 0183
- "Olympic Epistemology," XXII World Congress of Philosophy Proceedings http://www.pdcnet.org/wcp22/content/wcp22 2008 0047 0019 0028
- "Philosophy of Sport." Wikiversity. Wikimedia Foundation, 2008 http://en.wikiversity.org/wiki/Philosophy of sport
- "Sport, Education, and the Meaning of Victory." XX World Congress of Philosophy, http://www.bu.edu/wcp/Papers/Spor/SporReid.htm
- "The Educational Value of Plato's Socratic Dialogues." XX World Congress of Philosophy, http://www.bu.edu/wcp/Papers/Teac/TeacReid.htm

### Reviews and Commentaries

- **Reviews** "Nikephoros Zeitschrift für Sport und Kultur im Altertum 27. Jahrgang and 2014" (Book Review), *Bryn Mawr Classical Review* 9.40 (2020).
  - "The Beginnings of Professional Sport," Review of J.M. Roubineau, *Milo du Crotone ou l'invention du sport. Classical Review* 67.2 (2017), 457-9.
  - Commentary on "Beyond 'Crude Pragmatism': Insights from C.S. Peirce, William James and John Dewey—A Commentary. *International Journal of Sports Science and Coaching*, 12.1 (2016).
  - "Bloomsbury Companion to the Philosophy of Sport" (Book Review), *Sport, Ethics and Philosophy*, 8:3 (2014), 1-5.
  - "John Wooden, Stephen Covey and Servant Leadership: A Commentary," *Intern'l. Journal of Sports Science and Coaching*, 9:1 (2014) 49-52.
  - "Contemporary Athletics & Ancient Greek Ideals, by Daniel Dombrowski" (Book Review), *Sport, Ethics and Philosophy*, 4:3 (2010), 359-361
  - "Sports, Virtues and Vices: Morality Plays" by Mike McNamee (Book Review), *Journal of the Philosophy of Sport* 36:2 (2009), 263-265.
  - "Game of Shadows" (Barry Bonds and the BALCO Scandal)" (Book Review). *Sioux City Journal*, 18 March, 2007: C2.
  - "Imperium: A Novel of Ancient Romem" (book review) *The Sioux City Journal* 29 October, 2006: C2.
  - "A Brief History of the Olympic Games." (book review) *The Sioux City Journal* 21 November, 2004: E2.
  - Plato's Socrates as Educator" (book review). *Teaching Philosophy* 26:2 (June, 2003): 188-192.
  - "The Hand of God?" (book review) *Journal of the Philosophy of Sport* XXIX, (2002): 182-186.
  - "Ethics and Sport." (book review) *Journal of the Philosophy of Sport* XXVI,(1999): 113-116.

## Invited Lectures & Seminars

- "Plato on Women in Sport," University of Southern California Annenberg School Institute of Sports, Media and Society, March 2020.
- "La *parthenos* eroica: Flavia Thalassia e i valori durevoli dell'atletica femminile," Essere Sempre Il Migliore: Concorsi e Gare nella Napoli Antica, Università Federico II, Napoli, Italy, May, 2019.
- "Athletic Virtue and Aesthetic Values in Aristotle's Ethics" Athletics and Identity, University of St. Andrews, Scotland, September, 2018.
- "The Value of Risk in Sport from Gilgamesh to Gridiron Gladiators," Sport, Risk and the Human Ideal, University of Louisville, October 2017.
- "Recollecting Virtue: Olympic Mimesis and Platonic Education," 6<sup>th</sup>
  International Scholars Symposium, Center for Hellenic Studies
  Harvard University and International Olympic Academy, July 2017.
- "Why Olympia Matters for Modern Sport," Distinguished Scholar Lecture, 43<sup>rd</sup> Meeting of the IAPS, Olympia, Greece, September 2016.
- "College Football's Gladiators," McGowan Center for Ethics and Social Responsibility, King's College, Wilkes-Barre, PA, November 2015.
- "Athletics and Humanities in Ancient Greece: Ethics and Excellence" The University of Richmond, Virginia, September 2015.

# & Seminars

(continued)

**Invited Lectures** "What Gladiators Can Teach Us about Stoicism," The American Academy in Rome Classical Summer School, Rome, Italy, July 2015.

> "Experiential Learning in the Ancient World," AACUPI-Temple University Conference on the Future of Study Abroad, Rome, Italy, March, 2015.

"Philostratus' Gymnasticus: The Ethics of an Athletic Aesthetic," American Academy in Rome Fellows Shoptalk Series, Italy, January, 2015.

"Knowledge, Virtue, and Doping," address to the Cyprus Anti-Doping Authority and National Bioethics Committee, November 2014.

"The Ethics of Excellence" and "Olympic Philosophy" Seoul National University, Korea, September, 2014.

"Kalokagathia: Understanding Olympic Ethics as Beautiful Goodness," International Olympic Academy, Olympia, Greece, May, 2014.

"The Ecstasy of Aretē: Self-Transcendence in Ancient Athletics," Keynote Address 6<sup>th</sup> Geoaesthetics Conference, Towson U., March, 2014.

"The Olympic Games and their Lessons for Peace"

Linfield College, McMinnville, Oregon, February, 2014

"Athletics and Philosophy in Ancient Greece: The Ethics of Excellence" Hamilton College, Clinton, New York, April, 2013.

"The Ethics of Excellence: Athletics and Philosophy in Ancient Greece" Ian Moore Memorial Lecture, Towson University, MD April, 2013.

"The Olympics and Philosophy in Ancient Greece: Ethics, Athletics,

Education, and Politics," Trent University, Canada, November 2012.

"Olympism: The Challenge of a Universal Philosophy," Keynote Address Third Annual South Dakota Philosophy Conference, October, 2012.

"The Political Heritage of the Olympic Games," 9th World Congress of the International Society for Universal Dialogue, Greece, June, 2012.

"Filosofia, Democrazia, e lo Sport" (Seminar in Italian)

"Lo sport nel mondo antico" Universita di Roma IV, March 2012 "Olympic Sacrifice"

Royal Institute of Philosophy, London, February 2012

"Filosofia dello sport: dalla metafisica all'etica" (Seminar in Italian)

"Etica e Sport" Seminario a Sapienza Universita di Roma, Oct. 2011 "Gli Intelletuali alle Olimpiadi" (Lecture in Italian)

Eleatica: Symposium on Presocratic Philosophy, Ascea, Italy, 2010 Series of Lectures on Sport Philosophy and Olympic Studies Beijing Sport University, Beijing China, March, 2008.

Opening Address: 2008 Guangzhou International Leisure Sports Conference Guangzhou China, March, 2008

"Sport as Philosophy" Presidential Address to the International Association for the Philosophy of Sport, Ljubljana, Slovenia, September, 2007.

"Contests of Truth" From Athens to Beijing: West Meets East in the Olympic Games, University of Missouri - St. Louis, April, 2007

"L'Atleta Filosofo" (Doctoral Seminar in Italian)

Università degli Studi di Teramo, Atri, Italy, May, 2007

"La Formazione Critico-filosofica dell'Atleta" (Lectures in Italian) Istituto Universitario di Scienze Motorie, Rome, Italy, 2006

## **Presentations**

- **Conference** "The Heroic Parthenos: Flavia Thalassia and the Enduring Values of Women's Sport," Crossing Gender Boundaries International Conference, Santa Maria Capua Vetere, November, 2019.
  - "Wrestling with the Eleatics in Parmenides," co-authored by Lidia Palumbo, Fifth Interdisciplinary Symposium on the Heritage of Western Greece, Siracusa, Sicily, June, 2019.
  - "Herakles: Hero, Athlete, and Early Moral Educator," Le 12 Fatiche di Erakles tra Iconografia e Letteratura, Velletri, Italy, June, 2019.
  - "Agency, Efficiency, and the Spirit of Sport," Center for Sociocultural Sport and Olympic Research, Cal State Fullerton, March, 2019.
  - "The Political Heritage of the Olympic Games," 30<sup>th</sup> International Conference of Philosophy, IAGP, Pythagoreion, Greece, July, 2018.
  - "Athletic Beauty as *Mimēsis* of Virtue: The Case of the Beautiful Boxer" 3<sup>rd</sup> Interdisciplinary Symposium on the Heritage of Western Greece, Siracusa, Sicily, May, 2017.
  - "Xenophon versus Aristotle on Kalokagathia," 34th Annual Meeting of the Society for Ancient Greek Philosophy, New York, October 2016. "Xenophon, Paideia, and Kalokagathia," The Olympic Center for Philosophy and Education, Olympia, Greece, July, 2016
  - "Performing Virtue: *Mimēsis* in Platonic Education," 2<sup>nd</sup> Interdisciplinary Symposium on the Heritage of Western Greece, Siracusa, May 2016.
  - "Un Introduzione Filosofico al Filostrato, Sull'Allenamento," Presentation of the volume, Paolo Orsi Museum, Siracusa, Sicily, April, 2016.
  - "Plato's Gymnastic Dialogues," 33rd Annual Meeting of the Society for Ancient Greek Philosophy, Fordham University, N.Y. October, 2015
  - "Philostratus' Gymnasticus: The Ethics of an Athletic Aesthetic," 43<sup>rd</sup> Annual Conference of IAPS, Cardiff, Wales, September, 2015.
  - "An Ethical Definition of Olympic Sport," 14<sup>th</sup> Biennial Conference of the IOAPA, Ancient Olympia, Greece, August, 2015.
  - "Athletics as *Mimēsis*: Implications for Plato and Aristotle," 31<sup>st</sup> Meeting of the Society for Ancient Greek Philosophy, New York, October, 2014.
  - "Performance-Enhancing Technologies and Olympic Fair Play," 12th Symposium for Olympic Research, UWO, Canada, October, 2014.
  - "Fairness, Technology, and the Aesthetics of Olympic Sport," 24th International Conference of the Olympic Center for Philosophy and Education, Olympia, Greece, July, 2014.
  - "Aristotle on Fairness," 30th Annual Meeting of the Society for Ancient Greek Philosophy, New York, October, 2013. Eastern Division Meeting of the American Philosophical Association, December 2013.
  - "Athletes as Heroes and Role Models: A Homeric View," 41st Annual Conference of the International Association for the Philosophy of Sport, Fullerton, California, September 2013.
  - "Kalokagathia: Ethics, Athletics, Aesthetics," 23rd World Congress of Philosophy, Athens, Greece, August 2013.

# Conference Presentations (continued)

**Conference** "The Ethics of Efficiency"

23<sup>rd</sup> World Congress of Philosophy, Athens, 2013.

39th IAPS Meeting, SUNY Brockport, September, 2011.

- "Aristotle on *Kalokagathia*," 30th Annual Meeting of the Society for Ancient Greek Philosophy, New York, October, 2012.
- "Athletic Beauty in Ancient Greece," 40<sup>th</sup>Annual Conference of the International Association for the Philosophy of Sport, Portugal, 2012.
- "Philosophy as Friendship," 24<sup>th</sup> Conference of the International Association for Greek Philosophy, Pythagorion, Samos, Greece, July 2012.
- "Athletics and Aesthetics" 3<sup>rd</sup> annual Conference of the International Association for the Study of Environment, Space, and Place. Towson State University, Maryland. March 10-12, 2011.
- "Plato's Gymnasium," 21<sup>st</sup> International Symposium of the Olympic Center for Philosophy and Culture, Olympia, Greece, 2010.
- "The Political Heritage of the Olympic Games" 10th International Symposium for Olympic Research, UWO, Canada, October, 2010.
- "The Circus and The Cosmopolis" 38<sup>th</sup> Annual Meeting of the International Association for the Philosophy of Sport Università degli Studi di Roma "Foro Italico", Italy, September 15-19, 2010.
- "Filosofia dello Sport: Una Introduzione ed Una Apologia" (in Italian) 38<sup>th</sup>
  Annual Meeting of the International Association for the Philosophy of "Philosophy as Friendship in Plato's *Lysis*," 24<sup>th</sup> Annual Fall Philosophy

Colloquium, Towson University, 2009.

"Democracy, Tyranny, and the Lessons of Ancient Sport"

International Association for the Philosophy of Sport, Seattle, 2009

- "Technē versus Aretē in Plato's Hippias Minor" XXI International Association for Greek Philosophy, Paphos, Cyprus, July 2009.
- "Aristotle's Pentathlete" 9<sup>th</sup> Annual Independent Meeting of the Ancient Philosophy Society, Baltimore, April 2009.
- "An American Philosopher at the Beijing Olympics" Post Beijing 2008, University College Cork, Ireland, March 2009.
- "Athletic Virtue: Between East and West"

International Association for the Philosophy of Sport, Tokyo, 2008

"Olympic Epistemology: The Athletic Roots of Philosophical Reasoning" XXII World Congress of Philosophy, Seoul, Korea, 2008 XVIIth Symposium, Olympic Center for Philosophy, Greece, 2006

"Sport and Philosophy: A Family Resemblance"

Central Division of the American Philosophical Assn., Chicago, 2008

- "The Socratic Agon: From *Philonikia* to *Philosophia* in Plato's Dialogues" XXII World Congress of Philosophy, Seoul, Korea, 2008
  University of Massachusetts Philosophy Homecoming, 2007
  The Ancient Philosophy Society, Chicago, 2006
- "Running toward Truth: Religion, Athletics, and the Origins of Hellenic Philosophy" XVIIIth Symposium, Olympic Center, Greece, 2007
- "Contests of Unity: Ancient Olympic Games and the Shared Search for Truth" Athens to Beijing, U. of Missouri-St. Louis, 2007

### Conference Presentations (continued)

"Philosopher-Athletes in Plato's *Republic*." International Assn. for Philosophy of Sport, Niagara Falls, 2006

"Of Sport, Service, and Sacrifice: Rethinking the Religious Heritage of the Olympic Games." VIIIth International Symposium for Olympic Research, London Ontario, Canada, October 2006.

"Is the Roman Gladiator an Athlete?" (According to Roman Stoicism) International Assn. for Philosophy of Sport, Czech Republic, 2005.

"The Socratic Agon: Turning *Philonikia* to *Philosophia* in Plato's Dialogues" XVIth Symposium, Olympic Center for Philosophy, Greece, 2005

"Eros vs. Ares: The Ancient Olympic Ideal of Peace and Modern Realities" VIIth International Symposium for Olympic Research, Canada, 2004

"Apollo vs. Poseidon: The Olympic Ideal of Justice and Modern Reality" International Association for Philosophy of Sport, Texas, 2004.

"NIKH vs. Nike: Ancient Olympic Ideals and Modern Olympic Reality" Pre-Olympic Congress of the ICSSPE, Greece, 2004.

"Prometheus vs. The Promoters: Humanism and the Olympic Games" XVth Symposium, Olympic Center for Philosophy, Greece, 2004.

"The Hellenic Virtue of *Sophrosyne* in Ancient and Modern Olympic Sport" International Assn. for Philosophy of Sport, Cheltenham, UK, 2003. "Athletic Competition as Socratic Philosophy"

XXIst World Congress of Philosophy, Istanbul, Turkey, 2003.

"The Hellenic Virtue of Reverence in Ancient and Modern Olympic Games" The Olympic Dream, University of Missouri-St. Louis, 2003

"Athletics as Medicine for the Soul in Ancient Greek Philosophy" XIIIth Symposium, Olympic Center for Philosophy, Greece, 2002

"The Ancient Ideal of Aretē and the Practice of Modern Sport"

VIth International Symposium for Olympic Research, Canada, 2002 "An Epistemological Argument against Doping in Sport"

International Association for the Philosophy of Sport, Virginia, 2001 "Sport as Training for Virtue in Platonic Education"

International Association for the Philosophy of Sport, England, 1999 Society for Ancient Greek Philosophy, Binghamton, NY, 1999

"Teachers, Friends, and the Objects of Love in Lysis"

5<sup>th</sup> Symposium Platonicum, International Plato Society, Toronto 1998 "The Educational Value of Socratic Dialogue"

XX World Congress of Philosophy, Boston, MA 1998 "Sport, Education, and the Meaning of Victory"

XX World Congress of Philosophy, Boston, MA 1998 "Plato's Project for Education in the Early Socratic Dialogues"

International Conference on Greek Philosophy, South Africa, 1997

## **Pedagogical Presentations**

Panel & "Author Meets Critics: The Genesis of Philosophy," 34th Annual Meeting of the Society for Ancient Greek Philosophy, New York, October, 2016.

"Jim Parry and Political Philosophy" (Panel Honoring Jim Parry)

International Association for the Philosophy of Sport, Olympia, 2016 "Ecosophical Olympics" (Panel Pres.)

International Association for the Philosophy of Sport, Portugal, 2012.

"Olympic Studies: A Versatile Tool for Inspiring Global Perspectives"

Collaboration for the Advancement of Teaching and Learning, 2007

"Teaching Sport-Related Philosophy Courses" (Organizer, Panel Member)

American Philosophical Association, Eastern Meeting, D.C., 2006

"Writing Pedagogy in Philosophy of Sport Courses" (Panel Presentation) International Assn. for Philosophy of Sport, Niagara Falls, 2006

"Olympic Philosophy" (Organizer and Panel Member)

International Assn. for Philosophy of Sport, Czech Republic, 2005 "Teaching Sport Philosophy" (Panel Presentation)

International Assn. for Philosophy of Sport, Cheltenham, UK, 2003

### **Public Presentations**

"Socrates as a Leader in Plato's Apology"

The Cosmos Club, Washington DC, Leadership Series, October, 2018 "The Athlete as Philosopher"

Philosophy Talk, KALW Radio, Stanford University, August, 2018 "Commercialism in the Olympic Games"

The Academic Minute, National Public Radio, August, 2016.

"The Stadio Domiziano and Greek Athletics in Rome"

American Academy in Rome Trustees Week Tour, 2015

"The Baths of Caracalla as a Symbol of Greek *Paideia*"

Saint Stephen's School, Rome (invited lecture/tour)

American Academy in Rome "Walk and Talk", 2015

"The Ideals of the Olympic Games"

Sioux City Inter-professional Society, March, 2014

"The Politics of the Olympic Games"

Morningside College Civic Union, February, 2014

"What do Gladiators and College Football Players Have in Common?" for Mediterranean Center for Arts and Sciences, Sicily, November, 2011. Academic and Cultural Arts Series, Morningside College, Oct. 2007.

"Olympic Sacrifice: Reviving and Ancient Ideal of Service"

Sioux City Masonic Hall High Twelve Club, August 31, 2011.

"Athletic Virtue East and West" for the Morningside College Arts and Lecture Series, November 11, 2009.

"Ancient Hellenic Ideals and the Modern Olympic Games" for the Academic and Cultural Arts Series, Morningside College, January 28, 2009.

"The Olympics Between East and West" for the Academic and Cultural Arts Series, Morningside College, Sioux City, Iowa. October 1, 2008.

"Was the Roman Gladiator an Athlete?" for the Academic and Cultural Arts Series, Morningside College, Sioux City, Iowa. October 20, 2006.

## **Presentations** (continued)

Public | "Italy's Ancient Civilizations" for the Academic and Cultural Arts Series, Morningside College, Sioux City, Iowa. November 15, 2006.

"Of Sport, Sacrifice, and Service" for Morningside Kiwanis Club, Sioux City, Iowa, April 18, 2006.

"Olympic Symbols – Olympic Ideals" for Academic and Cultural Arts Series Morningside College, Sioux City, Iowa, February 10, 2006.

"Nike vs. Nike: Ancient Olympic Ideals and Modern Sports Realities" Inquirers Group at Grace United Methodist Church, Oct. 2, 2005

"Olympic Games: Old and New" for 7th & 8th Grade Classes East Middle School, Sioux City, Iowa. September 10, 2004

"The Philosophical Athlete" for the Academic and Cultural Arts Series, Morningside College, Sioux City, Iowa. September 1, 2004.

"The Philosophical Athlete" for the Community Wellness Speaker's Series of Bryan LGH Medical Center in Lincoln, NE. February 10, 2004.

"The Olympic Virtues" for the Academic and Cultural Arts Series, Morningside College, Sioux City, Iowa. January 21, 2004.

**Dissertation** | Plato's Project for Education in the Early Socratic Dialogues (1996)

Directed by Gareth B. Matthews

Committee: Bruce Aune, Robert Ackermann, Marios Philippides

What is the role of philosophy in education? This timeless question may be answered by examining Plato's earliest Dialogues in which he makes a case for philosophy as a means for developing the critical intellect in education.

## Activities

**Editorial** Editorial Boards of Review

Journal of the Philosophy of Sport (1998-present)

Sport, Ethics and Philosophy (Review Editor 2006-2013)

Journal of Olympic Studies (2018-present)

Physical Culture and Sport Studies and Research (2012-2019)

International Journal of Applied Philosophy (2013-present)

Olympika: The International Journal of Olympic Studies (2020-pres.)

Parnassos Press (principal editor)

The Heritage of Western Greece (academic book series), co-editor The Hellenic Muses (poetic series in Greek and English), editor

Routledge – Taylor and Francis

Ethics and Sport Book Series, Co-Editor, 2008-2013

### Languages

English: Mother Tongue

Italian: Excellent Modern Greek: Good

French: Good

Classical Greek: Good

# APPENDIX Brief Reviews of my Rooks

**APPENDIX** *Introduction to the Philosophy of Sport* (Rowman & Littlefield, 2012)

of my Books An outstanding piece of scholarship and contribution to sport philosophy. It is clearly the best introduction to the subject now available, and I do not expect it to be surpassed for a long time. Indeed, I expect this book to put sport philosophy "on the map" in the larger philosophical community.

--J.S. Russell, Editor of the *Journal of the Philosophy of Sport*.

This text will greatly enhance courses that seek to impart a broader, more humanistic perspective to their students. Academically rigorous yet eminently readable, its tight argumentation, very interesting examples, and probing questions definitely engage students. **Jesús Ilundain, Linfield College** 

This is a first-rate introduction to the philosophy of sport, which introduces the student to most of the important issues in the discipline, surveys the major scholarship in a way that is both fair and accessible, and shows the student reader how to connect his or her sporting experience with the issues as they have been treated.— **Drew A. Hyland, Trinity College** 

A thorough and rigorously argued treatment of major ethical, social, and metaphysical issues in the philosophy of sport. Her book is distinguished by her judicious treatment of the work of both ancient Greek and contemporary sources as well as its clear treatment of difficult issues and its analytic acuity.

### - Robert L. Simon, Hamilton College

This is an excellent volume that emphasizes sport metaphysics and ethics. Reid's knowledge of Greek philosophy provides a wonderful foundation for her analyses of the nature and value of sport...a superb introduction.

### — Scott Kretchmar, Pennsylvania State University

Reid excels by combining her scholarly philosophical knowledge and critical reasoning skills with her experiential background in sport and a keen sense of movement-related applications. Recommended. Lower- and upper-division undergraduates; faculty; general readers. — **CHOICE** 

By packaging the many ramifications of the issues in the way she does in the book, she manages to give the reader a good overview of the field, and she does it with a stylistic ease without losing rigor. An introductory book that should stand as an example to all who are about to write introductory books. - **Kutte Jönsson**, *Nordic Sports Science Forum* 

Reid gives voice to a range of the most important perspectives on the matter and presents them in a dialogical and questioning way for the reader to engage in and reflect with her on various philosophical perspectives on sporting practice. -- **Kenneth Aggerholm**, *Sport*, *Ethics and Philosophy* 

### APPENDIX: Brief Reviews of my Books (continued)

APPENDIX: Aretism: An Ancient Sports Philosophy for the Modern Sports World Brief Reviews (co-authored with M. Andrew Holowchak, Lexington Books, 2011)

Aretism is a subtle and engaging attempt to show historical connections between the prized character traits of classical antiquity and modern commercialized sports. Written in uncluttered prose and full of great examples, it is an accessible and thought-provoking re-statement of sporting virtues. — Michael McNamee, Swansea University

Aretism will be one of the most valuable books for those interested in the history of sport, and even more so for those who want to think about the cultural significance of sport—and its problems—in our own times. Reid and Holowchak have thought long and hard about these issues, and this book is a gift to us all. — **Drew A. Hyland, Trinity College** 

Just what we have come to expect from these two authors: a broad sweep at the historical level, a comprehensive account at the theoretical level, married with punchy and insightful analyses of particular issues and events. The sheer scope of the enterprise, together with the telling detail, is astonishing. I read this like an 'I couldn't put it down' novel. An impressive achievement.

### — Jim Parry, University of Leeds

Holowchak (Rider Univ.) and Reid (Morningside College) propose returning sports to the ancient Greek ideal of arete, or excellence...Sports in higher education should promote virtue (in the sense of arete) or be abolished, which the authors acknowledge is not likely to happen. Copious endnotes to the 22 chapters and a good index make this book a useful resource. Recommended. Lower-level undergraduates and above; general readers. — **CHOICE** 

Aretism is accessible, rigorous, and contains numerous historical and contemporary sporting examples that are both helpful and interesting... Aretism should be read by academics and students interested in the history, philosophy, and contemporary significance of sport. Moreover, I would urge athletes, coaches, administrators, fans, parents, and other sport practitioners to read and then seek to cultivate in their respective contexts this valuable and excellent approach to the human practice of sport.

### - Mike Austin, Journal of the Philosophy of Sport

The authors' conciliatory model conceptualizes the road Catholic schools can best take in their sport programs. Instead of arguing whether sport is distinct from the mission of the Catholic school (i.e., sport having its own extrinsic worth separate from its supporting educational institution) or antithetical to the mission (i.e., sport having no or little worth for education), sport can be seen as taking an educative role in the purpose of the school.

### -- Matt Hoven, Catholic Education

APPENDIX: Brief Reviews of my Books (continued)

APPENDIX: Athletics and Philosophy in the Ancient World: Contests of Virtue Brief Reviews (Routledge, 2011. Paperback edition released in January 2013)

Throughout her work, the author stresses the relationship between ancient athletics and philosophy, as well as the important contributions both made to contemporary society: in the introduction to her book, for example, Reid notes that both fields of endeavor were preoccupied with the pursuit of *arête*, and both showed that such excellence, be it in athletic performance or character, was not the exclusive preserve of the aristocracy (p. 2-3). In general, the work under review, although relatively short, has much to commend it. The effective inclusion of modern sports references, such as the victory of the U.S. men's hockey team at Lake Placid in 1980 (seen by some contemporaries as symbolizing the supremacy of democracy) (p. 32), as well as quotes by modern sports figures like Charles Barkley (p. 11) on such topics as the celebrity status of athletes, certainly supports Reid's contention that many of the issues she addresses in her study are still relevant today. In addition, any typos in the book are few and far between.

-- Chris Epplett, University of Lethbridge, Bryn Mawr Classical Review

Full review at http://bmcr.brynmawr.edu/2012/2012-10-30.html

I liked Heather Reid's book. She is well schooled in ancient history. She writes well. The book is clean with good note sets and references. The last part about ancient Roman sports games and gladiator fights presents, at least for me, new material. The strength of the book is that the perspective consistently focuses on the philosophical, the ideas and ideals. This can also be said to be the book's weakness. Throughout the last chapter where the lines are drawn to our time actualized ancient thoughts into today's reality and debate. It works well and is a good grip. We need a live debate with the story. Heather Reid's book contributes to that.

**--Gunnar Breivik, NIH Oslo** (translated from Norwegian) Full review at

http://www.idrottsforum.org/reviews/items12/bregun\_reid.html

### The Olympics and Philosophy

(co-edited with Mike Austin, University Press of Kentucky, 2012)

Austin and Reid have done the sports community a great favor in bringing together such a fine collection of philosophical essays on the Olympics. Given the sheer scope of the Olympic Games in modern times, this book will be a critical companion to those who want to understand better the nuances and contradictions of the world's greatest sporting event.

-- Mike McNamee, editor of The Ethics of Sports: A Reader

### APPENDIX: Brief Reviews of my Books (continued)

**APPENDIX:** *The Philosophical Athlete* (Carolina Academic Press, 2002)

of my Books (continued)

The Philosophical Athlete by Heather L. Reid (Associate Professor of Philosophy, Morningside College) is a thoughtful and reflective look at victory, defeat, and the experience of sport itself in learning, reflection, and social interaction. Topics focus on self-discovery, responsibility, respect, and citizenship, as well as several of contemporary hot-button topics such as violence, racism, and drug abuse in the world of sports. A meditative and insightful discourse, The Philosophical Athlete is thoughtful and thought-provoking reading which would make a welcome addition to any professional or academic Sports/Athletics reference collection or reading list.

### --Midwest Book Reviews

In my opinion, the greatest strength of the book is that it is aimed directly at the athlete. Athletes at all levels, but especially young ones in formation, can benefit. Developing excellence in a sport is affirmed as a worthy human endeavor, but the self and sport are always considered in relation to a whole life and the wider society. In a discussion of athletes in search of meaning, Reid says, "Sport can help us to envision our own 'big picture'—but sport is not the picture itself; it must be examined in context" (126). Clearly, Reid has written a book to be used in the classroom. She will have achieved her goal if athletes who read her book reflect on who they are and what they are doing, if they become philosophical athletes.

## --Charles Courtney, Drew University *Teaching Philosophy*

Full review at <a href="http://www.pdcnet.org/scholarpdf/show?id=teachphil">http://www.pdcnet.org/scholarpdf/show?id=teachphil</a> 2004 0027 0003 0297 0298&pdfname=teachphil 2004 0027 0003 0297 0298 .pdf&file type=pdf

I am sure that the experts in the field of the philosophy of sports will find much to praise in this well arranged and clearly written book. Some scholars, who seem to thrive in negativity, will find things to criticize in this as in any other scholarly book which aims at the felicitous marriage of philosophical values and athletic activities. I would prefer to salute the sincerity of the free spirit that inspired this worthy book.

## -Christos Evangeliou, Towson University *Skepsis*