

Jianping Li is a researcher specializing in the intersection of **Chinese philosophy, psychology, mind science, and traditional Chinese culture**. He is a member of the **American Psychological Association (APA)**. He holds certifications as a **National Second-Class Human Resource Manager** and **National Third-Class Psychological Consultant**.

His research focuses on integrating Eastern wisdom—including Taoism, Zen, I Ching, and traditional Chinese medicine—with modern psychology and scientific methods. He has developed original theoretical frameworks such as **Civilization Balance Theory, Xuan-Xian Theory, and the MFDR Five-Dimensional Balance Method**.

Dr. Li has published numerous works, including *On the Balanced Judgment of Civilization*, *Scientific Feng Shui*, *Beyond Mindfulness*, *Strategic Alchemy*, *Tao Te Ching: Mind and Universe Laws*, and *Methods of Managing and Leading People*. His research emphasizes the scientific reconstruction and practical application of traditional Eastern thought for mental health and psychological well-being.

李建平是专注于中国哲学、心理学、心灵科学与中国传统文化交叉领域的研究者。他是美国心理学会（APA）会员，拥有国家二级人力资源管理师与国家三级心理咨询师资质。

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已出版多部著作：《文明衡鉴论》《科学风水》《超越正念》《战略心法》《道德经：心灵与宇宙规律》《管人用人心法》等。研究重点是东方传统思想的科学化重构与心理健康实践应用。