

Russell H. Cashin, PhD

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RESEARCH INTERESTS

Metaphysics; Philosophy of Artificial Intelligence; Philosophy of Mind; Philosophy of Information; Philosophy of Cognitive Science; Philosophy of Religion; Applied Ethics; Philosophy of Technology; Philosophy of Social Science; Interdisciplinary metaphysics of intelligence.

AREAS OF SPECIALIZATION (AOS)

- Metaphysics
- Philosophy of Artificial Intelligence
- Philosophy of Mind
- Philosophy of Information

AREAS OF COMPETENCE (AOC)

- Philosophy of Religion
- Philosophy of Cognitive Science
- Applied Ethics
- Philosophy of Technology
- Philosophy of Social Science
- Psychology (introductory and applied)

PUBLICATIONS

Articles

- *Artificial Intelligence and the Call to Cosmic Reconnection*. PhilArchive, 2026.
- *Intelligence as the Ground of Being* (manuscript in preparation).

Dissertation

- *Cannabis, Mood, and the Endocannabinoid System: Cannabis Is Always Therapeutic*. PhD Dissertation, Atlantic International University, 2019.

PRESENTATIONS

- “The Spiritual Significance of Our DNA,” Family Roots Expo, St. George, UT (2017).
- Facilitator, “Ethics in Leadership” panel, Maggid National Conference, Berkeley, CA (2008).

ACADEMIC POSITIONS

Adjunct Professor of Psychology, Mohave College, Kingman, AZ (2019–Present)

Teach undergraduate courses in Psychology and Sociology using evidence-based pedagogy and applied psychological concepts.

Faculty Instructor, Community & Continuing Education, Utah Tech University (2019–2025)
Designed and taught adult-education courses in medical cannabis, nutrition, and health.

Adjunct Faculty Instructor, Utah Tech University (2017–2018)
Taught undergraduate introductory psychology courses.

Workshop Developer & Leader, CA/FL/UT (2011–2015)
Developed and delivered seminars in personal skills and meditation.

Interim Music Teacher, Redhills Middle School, Richfield, UT (1995–1996)
Directed choir, band, and general music classes.

Vocational Instructor, Computer Technology, Southwest Applied Technology College (1993–1995)
Created and taught technology courses for secondary-level learners.

TEACHING AREAS

Philosophy of Mind; Philosophy of Religion; Ethics; Applied Ethics; Psychology; Sociology;
Spirituality and contemplative practice; Interdisciplinary metaphysics; Philosophy of Technology

EDUCATION

PhD, Nutritional Psychology, Atlantic International University, Honolulu, HI — *2019 Cum Laude*

M.S., Psychology, California Coast University, Santa Ana, CA — *2017 Summa Cum Laude*

B.S., Psychology, Utah State University, Logan, UT — *1995 Minor: Music • Cum Laude*

A.S., Liberal Arts, Dixie College, St. George, UT — *1981 Concentrations: Music & Performance Arts*

CERTIFICATIONS

- Rational Living Therapy Certification – Level One, NACBT (*2022–Present*)
- Mental Health First Aid, National Council for Mental Wellbeing (*2022–Present*)
- Certified Cognitive-Behavioral Group Therapist, NACBT (*2021–Present*)
- Certified Provider, The Listening Program (*2019–Present*)
- Certified Grief Recovery Specialist (*2012–Present*)

COMMUNITY & PROFESSIONAL SERVICE

Ordained Maggid (Jewish Spiritual Teacher) (2010–Present) Provide spiritual guidance, ethical teaching, and community support within Jewish and interfaith settings.

St. George Interfaith Council (2015–Present) Engaged in community initiatives addressing poverty, hunger, homelessness, and suicide prevention.

Grief Recovery Specialist (2012–2016) Facilitated grief-recovery outreach programs supporting emotional healing and behavioral change.

Board of Directors & Ethics Committee Chair, Chochmat Halev Jewish Center (2007–2008) Led ethics oversight and community standards.

HONORS

- Delta Epsilon Tau Honor Society (2017)
- Psi Chi, International Honor Society in Psychology (1993)

PROFESSIONAL MEMBERSHIPS

- National Association of Cognitive Behavioral Therapists (2020–Present)
- Society for the Teaching of Psychology, APA Division 2 (2019–Present)
- American Psychological Association, Affiliate Member (2012–Present)