## SHAFQUAT CHOWDHURY

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## **Professional Summary**

With more than 15 years of experience in the field of health science in the UK and internationally, I have developed myself as a hardworking, inquisitive, and keen learner. 72 successful emergency rescues at an average altitude of 14,000 feet in the Himalayan country of Bhutan made me strong and determined to accept any challenge. I became a fluent orator after 5 years of teaching at an international medical and nursing college in Bangladesh and presenting research articles at international seminars. The most interesting part of my teaching career was teaching at a nursing college in Bangladesh. Currently, I am involved in the student health research network of Teesside University as an executive member, while also working as a lecturer for the nursing and midwifery department of the university. Magna Cum Laude and the Dean's Award are my two academic achievements as a class topper. I believe in the philosophy of gross national happiness, not gross domestic product.

## **Experience**

Special Lecturer Teesside University Nursing & Midwifery May 2022 till date

- Conducting Tutorial classes
- Marking scripts
- · Assisting students in research projects

Health Care Assistant Elysium Bridge Care Middlesbrough UK March 2022 till date

- Attend hand over briefing
- Taking personal care of the residents
- Help Nurses in Peg feeding & Trachy change

Deputy Secretary
Health & Student Research Network
Teesside University

April 2022 till date

- Prepare and keep all documents regarding the work of HSRN
- Maintain communication between all the members and the university authority
- Involve in research regarding mental health, vaccine hesitancy, workforce development.
- Preparing minutes of weekly meetings and other meetings held by HSRN.
- Prepare documents and communication with important personal for organizing seminars & symposium.

Assistant Director BRB Hospital Ltd

11/2020 to 09/2021 Dhaka, Bangladesh

Oversaw the day-to-day operations of the hospital.

- Conducted basic skills training for nurses and doctors.
- Ensured patient care.
- · Developed research proposals for the hospital.
- · Handled patient complaint.
- Recruitment.
- Created mass media campaign regarding key public health issues.
- Policy planning for the hospital.
- · Handled medico-legal issues for the hospital.

# Center Director 12/2018 to 11/2020 Bangladesh Institute of Health Science Dhaka, Bangladesh

- Policy planning for the diabetic center.
- Develop client base.
- · Ensured patient care
- Arranged free medical camps for diabetic patients.
- Monitoring substance abuse diabetic patients and counselling
- Organized media campaign for creating awareness against diabetes.
- Developed research plan Bangladesh Institute for Health sciences.
- Organized clinical seminars regarding endocrine diseases.

## General Duty Medical Officer Ministry of Health Royal Government of Bhutan

01/2015 to 01/2017 Paro, Bhutan

- Care of both indoor & outdoor patients.
- Conducted training program for clinical officers and nurses.
- · Handled emergency patients.
- Took part in air & mountain rescue operations (72 successful rescue operations in 2 years).
- Took part in NCD clinic for advocacy program.
- . Community substance abuse monitoring, counselling and reporting
- Lead school health program.
- Investigated unnatural death & provide support to law enforcement agencies in medico-legal issues.
- Arranged surgical camps for Tariyana Foundation.

## Assistant Registrar, Surgery Bangobandhu Medical Hospital

01/2013 to 12/2014 Chittangong, Bangladesh

- Care of both indoor & outdoor patients of the general surgery department.
- Performed basic surgical skills (Catheterization, NG tube insertion, NG tube feeding).
- Arranged lecture classes for undergraduate medical students.
- Conducted clinical classes for undergraduate medical students.
- Clinical records keeping of all admitted patients.
- Performed Surgery under the supervision of the department head.
- Conducted undergraduate term final examinations.

## Lecturer Pharmacology University Of Science & Technology Chittagong Bangladesh

01/2012 to 01/2013

Chittagong, Bangladesh

• Conducted tutorial classes for undergraduate medical students

- Conducted practical classes for students
- · Conducted departmental seminars
- Conducted term final examinations of undergraduate students

### Medical Superintendent Arab gulf health services

01/2011 to 01/2012 Dubai, United Arab Emirates

- Managed online health related insurance claims
- Investigated insurance claims for admitted patients
- Developed health insurance policies for clients

#### **General Duty Medical Officer**

#### Ministry Of Health, Royal Government Of Bhutan

· Care of Indoor & Outdoor patients of the hospital.

- Program leader for NCD program and rehabilitation
- · Conducted annual school health check-up.
- Drug abuse monitoring and reporting
- Lead mountain rescue operations (34 successful rescue in one year.)

12/2009 to 12/2011 Paro, Bhutan

- · Clinical record keeping of the hospital.
- Training nurses and paramedics.

#### **Lecturer Of Anatomy**

#### **University Of Science & Technology**

01/2007 to 01/2008 Chittagong, Bangladesh

- Conducted tutorial classes for undergraduate medical students
- · Conducted practical classes for students
- · Conducted departmental seminars

## **SKILL**

- · Analytical writing ability.
- Questionnaire preparation & data collection.
- Data analysis by SPSS
- Risk management expertise at most adverse condition
- · Excellent communication skills
- · Employee training

- Motivational leadership style
- · Strong interpersonal skills
- Strategic leadership
- Program development and management
- · Understanding of human resources

## **Education**

#### MPH: Public health

University of Teesside Middlesbrough,

2022

UK

#### Modules:

Epidemiology, Research project, leadership management, public health in context, international public health, Dissertation, data analysis.

Result: Pass

#### Masters: Public Health (Hospital Management)

2019

American International University of Bangladesh, AIUB

Dhaka

Modules:

Epidemiology, Biostatistics, Public Health & Nutrition, Demography, Research Methodology, General Principal of Management, Hospital project planning & financing, Reproductive health, Health education ethics & right, Hospital record keeping, Human resource management, Hospital planning.

Result: CGPA: 3.93 (85% marks or 1st Class Honors)

## **Bachelor of Medicine & Bachelor of Surgery (MBBS)**

2005

University of Science & Technology, Chittagong, USTC

Subjects: Anatomy, Physiology, Biochemistry, Pathology, Microbiology, Community medicine, Pharmacology, Forensic Medicine, Medicine, Surgery And Gynecology & obstetrics.

Result: Pass (56% or High Second Class)

## **Fellowship**

FRSPH (Fellow Royal Society of Public Health)

2022

UK

### **Awards**

- Dean's Award: American international University for obtaining a CGPA of 3.93
- Magna Cum Laude: American International University for getting 4 A+ grade in major modules and becoming the class topper.
- Certificate of Leadership: Teesside University for promoting public health research among students as a secretary of Health and Student Research Network (HSRN).

### **Research Interests**

Health policy and workforce development

- · Social determinants of migrants & refuges
- Health inequality
- · Socio- Cultural adaptation & behavioral science.
- · Community based interventions and social services
- Health administration policy

### **Current Research**

1. Multi-ethnic workforce in NHS: Problems and solution.

Potential Research Collaborators: James Cook Hospital, Middlesbrough

North & South Tees Hospital

Teesside University.

Stage: Proposal submitted, Working with ethical permission and questionnaire development.

2. Anthropological commentary on Covid Vaccine hesitancy: A Bangladesh Perspective

Co-Authors: Prof. Tochard Barry (Teesside University)

Dr. Turna Mithila (Teesside University)

Stage: Submitted for publication

## **Publications**

- 1. Lasker, S.P., Chowdhury, S.H., Mithila, T.T. and Hossain, A., 2023. Elderly expectation toward their family, society, and government: A cross-sectional observational study. *HEALTH SCIENCES QUARTERLY*, *3*(2), pp.117-125.
- 2. Monidipa Saha, Shirmin Bintay Kader, Shafquat Haider Chowdhury, Md. Khaledul Hasan, Mir Nabila Ashraf, Md. Marufur Rahman, Kamrun Nahar Koly., (2020). Cost burden of type 2 diabetes mellitus (DM) in an urban area of Bangladesh: A hospital-based mix method study. Available at: medRxiv 2020.08.03.20167478; doi: https://doi.org/10.1101/2020.08.03.20167478.
- 3. Haque, T., Hossain, K.M., Bhuiyan, M.M.R., Ananna, S.A., Chowdhury, S.H., Islam, M.R., Ahmed, A. and Rahman, M.M., 2020. Knowledge, attitude and practices (KAP) towards COVID-19 and assessment of risks of infection by SARS-CoV-2 among the Bangladeshi population: an online cross-sectional survey.
- 4. Bhuiyan, M.A.H., Chowdhury, S. and Chowdhury, S.H., 2009. A Case Report on Palatal Dermoid with Bifid Tongue. *Journal of Chittagong Medical College Teachers' Association*, *20*(1), pp.58-60.
- 5. Bhuyian, M.A.H., Huq, M.A.U., Kabir, M. and Chowdhury, S.H., 2010. Endoscopic Removal of Vesical Calculus Through Suprapubic Route: A Case Report. *Journal of Pediatric Surgeons of Bangladesh*, *1*(1), pp.74-76.

## **Workshops & Trainings**

- **2016:** Attended multiple workshop on drug abuse, domestic violence and STD by ministry of health royal government of Bhutan.
- 2015: Trained in child health and immunization by ministry of health royal government of Bhutan.
- **2008**: Completed six months of resident ship in Pediatric Surgery at Chittagong Medical College & Hospital under guidance of Prof. Tahmina Banu & Prof. Ashraf-Ul- Hug.

#### **Seminars**

- 2022: Presented paper on COI of Type II Diabetes in Bangladesh at Grand launch of HSRN (Health And Student Research Network) Teesside University, Middlesbrough Uk
- 2020: Presented paper in 3rd International scientific conference on food safety and health .
- 2013 : Presented a paper on Emergency medical service Bangladesh perspective on 2nd International conference on emergency medical service held in AIIMS New Delhi on 19th October 2013 .
- 2010 : Presented paper on Ascariasis problem in childhood at 10 international surgical congress at Dhaka .

#### References

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